

Nathalie Plamondon-Thomas

on your

SHOW



FINDING

Confidence

&

Clarity

TO UNLOCK YOUR
FULL POTENTIAL

THINK
Yourself®
ACADEMY

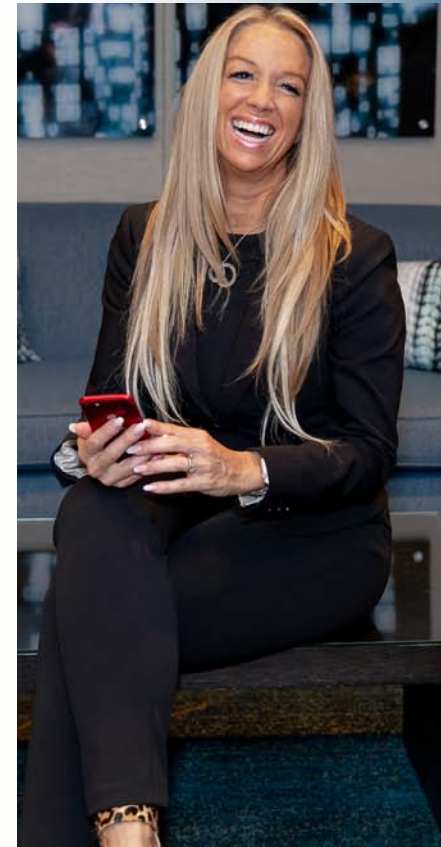
NATHALIE PLAMONDON-THOMAS

Confidence Expert - 8 times International Bestselling Author



Nathalie P. is the EXPERT with a PROVEN SYSTEM to get you transformational results. She works with people who want to find confidence so they can unlock their full potential. She also works with entrepreneurs who want to find the clarity they need to make money living from their passion. She is a No.1 International Bestselling author of fifteen books on success, communication, wellness and empowerment. She is the Founder and CEO of the THINK Yourself® ACADEMY, offering leading edge online courses, one-on-one coaching and business mentorship. Along the past 30 years, she has inspired over 100,000 audience members and empowered thousands of clients internationally to get rid of their negative self-talk. She combines over 10 years of experience in human resources, 25 years of experience in sales and over 30 years in the fitness industry. In 2007, she was "Fitness Instructor of the Year" for Canada.

"You can take a horse to water, but you can't make him drink". Somehow, Nathalie can.



ASK NATHALIE

Q. Tell us a bit about you, what brought you to study neurosciences?

A. Story on how I got to realize I needed to find a system to reprogram my own negative self-talk.

Q. What makes people do the reverse of what they know they should be doing?

A. Brain 1-0-1: Logical Mind and Unconscious Mind. Importance to talk to our own pilot.

Q. How do you talk to that pilot then?

A. Analogy of our own personal assistant.

Q. What is the importance of mindset in order to succeed?

A. We try to problem solve with actions while we can fix the problem where it originates.

Q. How does your system work?

A. The D.N.A. Ssystem explained with a renovation analogy.

Q. Do you have 1 tool for our audience to reset the address on their old GPS?

A. Two-step technique to transform a limiting belief.

A GIFT for your AUDIENCE



Everybody gets a car!!!!
Okay, not quite...

Everybody gets
The 15 Keys to Unlock CONFIDENCE

Go to: www.thinkyourself.com/confidenceguide

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Book your FREE 15-min Virtual Coffee:

www.thinkyourself.com/schedule

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